



# SEPTEMBER 2019

Jr. High

Salads Served Monday, Tues-  
day, Thursday

## Monday

No School  
Labor Day **2**

Drunsticks  
Seasoned Potato Wedges  
Baked Beans  
Fruit  
Milk  
Corn Dog **9**

No School  
PLC Day **16**

Biscuit & Gravy  
Sausage Links  
Hashbrowns  
Fresh Fruit  
Fruit Juice  
Milk **23**

No School  
PLC Day **30**

## Tuesday

Tacos  
Refried Beans  
Spanish Rice  
Fruit  
Milk  
Nachos **3**

Turkey Tetrazzini  
Breadstick  
Green Beans  
Fruit  
Milk  
Meatball Sub **10**

Tacos  
Refried Beans  
Spanish Rice  
Fruit  
Milk  
Chicken Fajita **17**

Hot Dog  
Kraft Macaroni & Cheese  
Peas  
Fruit  
Milk  
Popcorn Chicken **24**

## Wednesday

Chicken Paty  
Breadstick  
Potato Puffs  
Cheesy Broccoli  
Fruit  
Milk  
Pork Roast **4**

Chicken Paty  
Mashed Potatoes W/ Gravy  
Seneca Roll  
Corn  
Fruit  
Milk  
Turkey Roast **11**

Chicken Paty  
Biscuit  
Seasoned Potato Wedges  
Cooked Carrots  
Fruit  
Milk  
Meatloaf **18**

Chicken Paty  
Breadstick  
Potato Puff  
Cheesy Broccoli  
Fruit  
Milk  
Salisbury Steak **25**

## Thursday

Cheeseburger  
Tater Tots  
Side Salad  
Fruit  
Milk  
Chicken Tenders **5**

Sweet-N-Sour Chicken  
Fried Rice  
Fresh Broccoli  
Fruit  
Milk  
Chicken Chunks **12**

Chicken Noodle Soup  
Cheesy Breadstick  
Side Salad  
Fruit  
Milk  
Tomato Soup **19**

Cheesy Quesadilla  
Refried Beans  
Chips & Salsa  
Fruit  
Milk  
Nachos **26**

## Friday

Deli Sub  
Sunchips  
Carrot Sticks  
Treat  
Frozen Fruit Cup  
Milk  
Unrustable **6**

Domino's Pizza  
Carrot Sticks  
Side Salad  
Fruit  
Milk **13**

Deli Sub  
Snack Mix  
Carrot Sticks  
Treat  
Fruit  
Milk  
Unrustable **20**

Domino's Pizza  
Carrot Sticks  
Side Salad  
Fruit  
Milk **27**

This Institution is an Equal Opportunity Provider

